



# JAYPEE UNIVERSITY OF INFORMATION TECHNOLOGY WAKNAGHAT, P.O. - WAKNAGHAT, TEHSU - KANDAGHAT DISTRICT - SOLAN (H.P.)

TEHSIL - KANDAGHAT, DISTRICT - SOLAN (H.P.) PIN - 173234 (INDIA) Phone Number- +91-1792-257999 (Established by H.P. State Legislature vide Act No. 14 of 2002)



### MINUTES OF THE MEETING - INITIATION OF CELL

Meeting Name:	Sambhawana sanvad samadhan		
Date of Meeting:	26/07/2025	Time:	1:30 pm
Chairman:	Registrar	Location:	Registrar office

1. Meeting Agenda: Regarding Sambhawna Sanvad Samadhan Cell (SSS)

2.	Meeting Attendees:		
1.	Registrar Brigadier R.K. Sharma, Chairperson	2. Dr Anupriya Kaur, Professor	
3.	Dr Anita Sardana, Assistant Prof (SG)	<ol><li>Dr Pardeep Garg, Assistant Prof (SG)</li></ol>	
5.	Ms Aman Counsellor		

#### 4. Action Items / Instructions:

#### 1. Objectives:

- Prioritize mental health of JUIT students
- Assist students in dealing with issues like studies, competition, loneliness, career uncertainty
- Create a \*safe, comfortable, and confidential\* space where students can speak openly
- Plan regular activities under the theme "Sambhavna Samvad Samadhan"
- Understand students' mental chsallenges and ensure solutions

## 2. <u>Discussion to promote students' good mental health:</u>

- The Chairperson welcomed the members and introduced them to the objectives of the Cell.
- Peer Support Group (Buddy System) including floor coordinator can be participant to SSS Cell.
- Ms Aman would maintain a record (confidential) of students who approach the cell.
- It was decided that posters regarding SSS Cell would be displayed at several posters of visibility for students.

3. Peer Support Groups – Buddy System

Signatures:

Dr An**upri**ya Kaur

Dr Pardeep Garg

Registrar & Dean of Students

Dr Anita Sardano

Malaman